

**FOR OFFICE USE ONLY:**

Patient Number: \_\_\_\_\_

Doctor: \_\_\_\_\_

Insurance: \_\_\_\_\_

Emp. Initials: \_\_\_\_\_

**PRIMARY CARE:**

**PATIENT INFORMATION:**

**\*\*Please give your Driver's License and insurance card to the front desk to copy for your records.\*\***

Patient Name: Last \_\_\_\_\_ First \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Cell Phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_ Home Phone (\_\_\_\_) \_\_\_\_ - \_\_\_\_ Birth date \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_

Sex: \_\_\_\_M \_\_\_\_F Driver's License: \_\_\_\_\_ Patient Soc. Sec. # \_\_\_\_ - \_\_\_\_ - \_\_\_\_

Marital Status: S M D W Spouse's Name: \_\_\_\_\_ Referred by: \_\_\_\_\_

Person responsible for payment: \_\_\_\_\_ Patient Employed by: \_\_\_\_\_

Occupation: \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_

Email: \_\_\_\_\_ Emergency Contact Name / # / Relationship: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Primary Care Physician/Facility: \_\_\_\_\_ Primary Care Phone: \_\_\_\_\_

Preferred method of contact for appointment reminders (circle one): Phone (home or cell) / text / email

Have you ever been to a Chiropractor before?: YES NO

Have you filed a legal claim at this time (circle if yes): Auto accident / Personal injury / Workman's Compensation

ARE YOU CURRENTLY PREGNANT? YES NO

**CHIEF COMPLAINT:** Answer the questions as completely as possible. If a question does not apply, leave it blank.

Reason for today's appointment (Annual physical, Lab work, Sick visit, etc): \_\_\_\_\_

How long have you had this problem?

Date: \_\_\_\_\_ or \_\_\_\_day(s) \_\_\_\_ week(s) \_\_\_\_ month(s) \_\_\_\_ year(s)

How do you think your problem began?

\_\_\_\_\_

How often do you experience your symptoms?

Constantly (76-100% of the time)  Frequently (50-75%)  Occasionally (26-49%)  Intermittently (0-25%)

Rate the severity of your symptoms:

Mild  Moderate  Severe

What makes the symptoms worse?

\_\_\_\_\_

What makes the symptoms better?

\_\_\_\_\_

Please add any other information about the primary complaint that may be helpful:

\_\_\_\_\_

**\*\*\*Please list any ADDITIONAL complaints that you have: (Other areas of pain, etc.)\*\*\***

\_\_\_\_\_

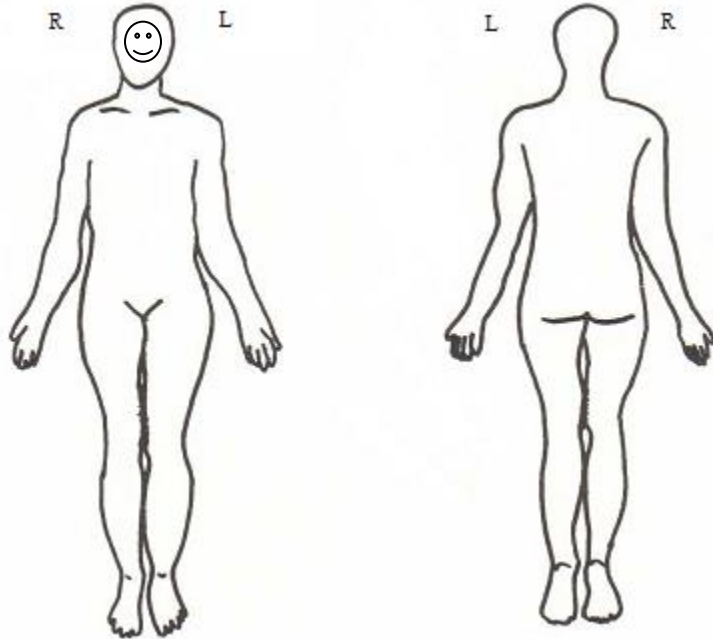
PATIENT'S INITIALS \_\_\_\_\_ DATE \_\_\_\_\_

**PAIN DRAWING:**

**INSTRUCTIONS:** *Mark the area on your body where you feel the described sensations:*

- *Use the appropriate symbol*
- *Mark the areas of spread*
- *Include all affected areas*

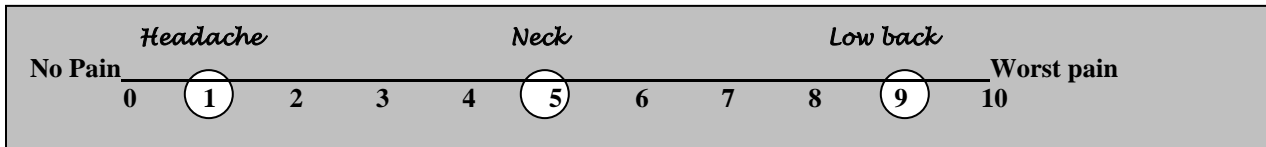
<b>KEY:</b>	
Numbness / Tingling	=====
Pins & Needles	oooooooo
Burning pain	xxxxxxxx
Dull / achy pain	.....
Sharp / Stabbing pain	////////////////



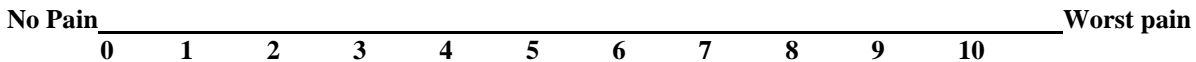
**VISUAL PAIN SCALE**

**INSTRUCTIONS:** *Please circle the number that best describes the question being asked. If you have more than one complaint, please answer each question for each individual complaint and indicate a score for each complaint. Please indicate your pain level right now, at its worst and at its best.*

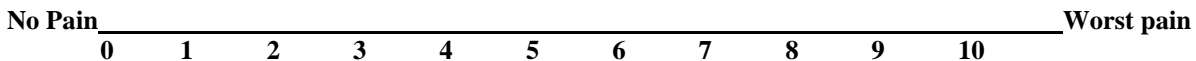
**Example:**



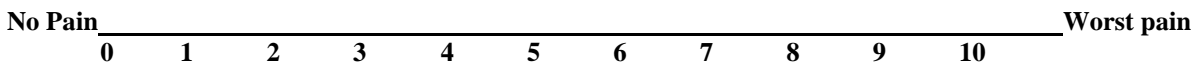
What is your pain **RIGHT NOW**?



What is your pain at its **BEST**?



What is your pain at its **WORST**?



**REVIEW OF SYSTEMS: Please CIRCLE any condition that you CURRENTLY HAVE. Or check NONE**

**ALLERGIC/IMMUNOLOGIC:**  NONE Food Allergies/sensitivities Seasonal allergies/Hay fever Hives

**CARDIOVASCULAR:**  NONE Ankle swelling Blood clots Chest pain Feeling light headed with standing Heart murmur  
Heart problems High blood pressure High cholesterol Leg pain with walking short distances Low blood pressure  
Palpitations (heart skipping beats) Poor circulation Rapid heartbeat Sores that don't heal Varicose veins

**CONSTITUTIONAL:**  NONE Chills Difficulty concentrating Difficulty sleeping Fatigue Fainting Fever Low libido  
Nervousness Night Sweats Poor appetite Weakness

**EARS, NOSE & THROAT:**  NONE Blisters/cold sores Chronic ear infection Dental problems/toothaches Deviated septum  
Dry mouth Dysphagia/trouble swallowing Ear noises/ringing Ear pain Gum disease Hearing loss Loss of smell Loss of taste  
Loss of teeth/ have dentures Motion sickness Nose bleeds Nasal breathing problems Nasal drip Nasal polyps Recurrent ear infections  
Sinus infections/pain Sore throat/hoarseness Sores/ulcers Tonsillitis Vertigo/dizziness

**ENDOCRINE:**  NONE A loss of appetite Being unusually jumpy or nervous Changes in hair growth or distribution Cold intolerance  
Excessive hunger Excessive thirst Feeling drowsy after eating Feeling shaky or faint when hungry Heat intolerance Hyperthyroid  
Hypothyroid Type I diabetes Type II diabetes Unexplained weight gain Unexplained weight loss

**EYES:**  NONE Burning in the eyes Blurred vision Cataracts Dry or gritty eyes Far sightedness Glaucoma Itchy eyes  
Near sightedness Redness Swelling Tearing/crusting Vision headaches

**GASTROINTESTINAL:**  NONE Abdominal gas Abdominal pain Acid reflux/heart burn Anorexia/Bulimia Constipation  
Diarrhea Discolored stool Frequent indigestion Gall bladder disease Hemorrhoids Liver disease Nausea Stomach Ulcers Vomiting

**GENITOURINARY:**  NONE A discharge other than urine Bedwetting Bladder control problems Cloudy/foul smelling urine  
Difficulty starting a stream Discolored urine Dribbling Endometriosis Erectile dysfunction Frequent urination  
Getting up at night to urinate Infertility Kidney stones Kidney or bladder infections Painful urination PMS symptoms Urgency  
Uterine cysts Uterine fibroids

**HEMATOLOGIC/LYMPHATIC:**  NONE Anemia Bleeding or bruising Blood clots Hemophilia Hepatitis A Hepatitis B  
Hepatitis C HIV/AIDS Jaundice Liver problems Lymphoma Myeloma Swollen Glands

**INTEGUMENTARY/SKIN:**  NONE Acne Bruising Dandruff Dryness Eczema Excessive Sweating Nail fungus  
Plantar warts Psoriasis Rashes Skin cancer Sores

**MUSCULOSKELETAL:**  NONE Arthritis Back pain/injuries General muscle tension Heel spurs Joint pain Joint stiffness  
Joint swelling Leg/foot cramps during the day Leg/foot cramps when retiring to bed or at night Muscle cramps Muscle pain  
Muscle Weakness Neck pain/ injuries Pain between the shoulders Painful feet Rheumatoid arthritis Scoliosis TMJ pain

**NEUROLOGICAL:**  NONE Confusion Convulsions Difficulty of speech Double vision Epilepsy Fainting spells  
Headaches Incoordination Losing consciousness Loss of feeling Memory loss Meningitis Muscle jerking/twitching/tics  
Numbness/tingling Paralysis Pins/needles Seizures Stuttering

**PSYCHIATRIC:**  NONE Alcoholism Anxiety Considerable emotional stress Crying often Depression  
Drug addictions/dependency Eating when nervous Extreme worry Feeling angered or irritable Hallucinations Insecurity Nail biting  
Phobias Recurrent bad dreams Sleep walking Suicidal thoughts

**RESPIRATORY:**  NONE Apnea Asthma Congestion COPD Coughing up blood Difficulty breathing Emphysema  
Non-productive/dry cough Pneumonia Productive cough Shortness of breath Wheezing

**FAMILY HISTORY:** Please select the conditions that pertain to your family. (If known)

Relative:	Age: (if living)	Conditions/Illnesses:	Age at death:
Mother:	_____	_____	_____
Father:	_____	_____	_____

**SOCIAL HISTORY:** Please answer as completely as possible.

Marital Status: \_\_\_\_\_

Number of children: \_\_\_\_ Number of Pregnancies: \_\_\_\_ Number of miscarriages: \_\_\_\_ Number of abortions: \_\_\_\_

Highest level of education: \_\_\_\_\_

Do you feel that you eat a well-balanced diet? \_\_\_\_\_

How often do you exercise? \_\_\_\_\_ What types of exercises? \_\_\_\_\_

How often do you drink alcohol? \_\_\_\_\_

If you smoke cigarettes, how often? \_\_\_\_\_ If you chew tobacco, how often? \_\_\_\_\_

Have you ever used illegal drug? (circle) YES NO

If you use illegal drugs now, which ones? \_\_\_\_\_

Have you ever been treated for substance abuse? (circle) YES NO

Are your vaccinations up to date? (circle if known) YES NO

**SURGICAL HISTORY:**

Please list any surgeries that you have had in the past and the date if known. Also INCLUDE RIGHT OR LEFT side of body where applicable.

I have never had any previous surgery

PROCEDURE:	DATE:	PROCEDURE:	DATE:
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**ALLERGIES:** Please list any allergies as well as your reaction to the allergen if known.

Enviromental: \_\_\_\_\_  
Food: \_\_\_\_\_  
Medication/Drug: \_\_\_\_\_

**CURRENT MEDICATIONS:**

Current Medications and Vitamin Supplements: (Please use reverse side if more space is required.)

NAME:	STRENGTH:	FREQUENCY:	NAME:	STRENGTH:	FREQUENCY:
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

PHARMACY NAME: \_\_\_\_\_ LOCATION: \_\_\_\_\_ PHONE #: \_\_\_\_\_

# HIPAA Acknowledgement and Consent

I, the undersigned, acknowledge that I have had access to a copy of the **NOTICE OF PRIVACY PRACTICES**. I consent to your disclosure, which you deem necessary in connection with my or my child's condition. This information will only be distributed to your third party payer for purposes of reimbursement for services provided, and only upon direct request of your third party payer.

Patient signature \_\_\_\_\_ Date \_\_\_\_\_

## Authorization and Assignment

**AUTHORIZATION TO BILL INSURANCE:** I understand my insurance will be billed for services rendered at Total Health Systems, PC.

**AUTHORIZATION TO RELEASE INFORMATION:** You are authorized to release any information you deem appropriate concerning my physical condition to any insurance company, attorney, or adjuster, in order to process any claim for reimbursement of charges incurred by me as a result of professional services rendered by you of any consequence thereof.

**ASSIGNMENT OF PAYMENT:** My attorney and/or insurance company are hereby requested to pay direct to the doctor listed below, any moneys due him/her on account, the same to be deducted from any settlement made on my behalf. Further, I agree to pay the difference if any, between the total amounts of his/her charges and the amount paid him/her by the attorney and/or insurance company. It is further understood that I, the undersigned, agree to pay the full amount of his/her charges, should my condition be such that it is not covered by my policy or if for any reason the insurance company and/or attorney refuses to pay my claim. Accepting assignment does not release the patient from the responsibility for their yearly deductible or for their co-payment on services provided by the clinic. If you receive payment from your insurance carrier during the period which the clinic has accepted assignment of benefits, you are to bring the check into this office within one week of receipt and endorse it over to the clinic. Failure to do so will result in collection action.

**MEDICARE ASSIGNMENT (if applicable):** I authorize any holder of medical or other information about me to release to the Social Security Administration and Health Care Financing Administration to its intermediaries or carriers any information needed for this or a related Medicare claim. I permit a copy of this authorization to be used in place of the original and request payment of medical insurance benefits either to myself or to the party who accepts assignment below.

**ACKNOWLEDGMENT AND UNDERSTANDING:** I hereby acknowledge; That if there is no insurance company obligated to pay for the services, or if the insurance company involved refuses to acknowledge an assignment to the doctor, or make other provisions for the protection of the interest of the doctor; or if a liability claim exists and my attorney refuses to agree to protect the interest of the doctor, or if I have not engaged the services of an attorney; then payment of services rendered by Total Health Systems PC, will be made on a current basis and my bill paid in full as soon as my liability claim is settled or the passage of three months from my last statement, whichever comes first.

**SPECIAL CONSIDERATION:** I understand that should I have a financial hardship and am unable to completely satisfy my deductible/copay/or coinsurance I will notify Total Health Systems, PC and a separate written contract will be created and signed.

Patient signature \_\_\_\_\_ Date \_\_\_\_\_

## Consent to Treat

**THIS CONSTITUTES INFORMED CONSENT FOR MEDICAL, PHYSICAL THERAPY, ACUPUNCTURE, AND/OR CHIROPRACTIC CARE.** I hereby request and consent to the performance of specific testing and procedures on me (or the patient named below for which I am legally responsible) as deemed necessary by the providing physicians at Total Health Systems, P.C. I understand, and am informed that, while extremely rare, there are some risks to treatment including, but not limited to: fractures, disc injuries, strokes, dislocations, sprains, strains, bleeding, bruising, and infection. I wish to rely on the doctor and treating provider to exercise judgment during the course of the procedure, based on the facts then known is in my best interest. I have read, or have had read to me, the above consent. I have the opportunity to discuss the nature and purpose of the chiropractic adjustments and other procedures with the doctor and/or office personnel. I agree to these procedures and intend this consent form to cover the entire course of treatment and for any future condition(s) for which I seek treatment.

Patient signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Legal guardian name (please print) \_\_\_\_\_

Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

# TOTAL HEALTH SYSTEMS

## Multi-Specialty Clinic

Chiropractic • Medical • Physical Therapy • Massage Therapy • Nutrition

### *(Consent to use PHI) Notice of Privacy Practices - Acknowledgement & Consent*

#### **Acknowledgement for Consent to Use and Disclosure of Protected Health Information**

#### **Use and Disclosure of your Protected Health Information**

Your Protected Health Information will be used by Total Health Systems, P.C. or may be disclosed to others for the purposes of treatment, obtaining payment, or supporting the day-to-day health care operations of this office.

#### **Notice of Privacy Practices**

You should review the Notice of Privacy Practices for a more complete description of how your Protected Health Information may be used or disclosed. It describes your rights as they concern the limited use of health information, including your demographic information, collected from you and created or received by this office. You may review the Notice prior to signing this consent. You may request a copy of the Notice at the Front Desk.

#### **Requesting a Restriction on the Use or Disclosure of Your Information**

- You may request a restriction on the use or disclosure of your Protected Health Information.
- This office may or may not agree to restrict the use or disclosure of your Protected Health Information.
- If we agree to your request, the restriction will be binding with this office. Use or disclosure of protected information in violation of an agreed upon restriction will be a violation of the federal privacy standards.

#### **Revocation of Consent**

You may revoke this consent to the use and disclosure of your Protected Health Information. You must revoke this consent in writing. Any use or disclosure that has already occurred prior to the date on which your revocation of consent is received will not be affected.

*By my signature below I give my permission to use and disclose my health information.*

\_\_\_\_\_  
Patient or Legally Authorized Individual Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Patient's Full Name

\_\_\_\_\_  
Time

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Date

26672 Van Dyke ● Centerline ● Michigan 48015 ● (586) 756-7670  
43740 Garfield ● Clinton Township ● Michigan 48038 ● (586) 228-0270  
28098 23 Mile Rd ● Chesterfield Township ● Michigan 48051 ● (586) 949-0123  
30045 Harper Ave ● St Clair Shores ● Michigan 48082 ● (586) 772-8560  
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