

**FOR OFFICE USE ONLY:**

Patient Number: \_\_\_\_\_

Doctor: \_\_\_\_\_

Insurance: \_\_\_\_\_

Emp. Initials: \_\_\_\_\_

**PT NEW PATIENT:****PATIENT INFORMATION:****\*\*Please give your Driver's License and insurance card to the front desk to copy for your records.\*\***

Patient Name: Last \_\_\_\_\_ First \_\_\_\_\_ Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Cell Phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_ Home Phone (\_\_\_\_) \_\_\_\_ - \_\_\_\_ Birth date \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Age \_\_\_\_

Sex: \_\_\_\_ M \_\_\_\_ F Driver's License: \_\_\_\_\_ Patient Soc. Sec. # \_\_\_\_ - \_\_\_\_ - \_\_\_\_

Marital Status: S M D W Spouse's Name: \_\_\_\_\_ Referred by: \_\_\_\_\_

Person responsible for payment: \_\_\_\_\_ Patient Employed by: \_\_\_\_\_

Occupation: \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_ - \_\_\_\_

Email: \_\_\_\_\_ Emergency Contact Name / # / Relationship: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Primary Care Physician/Facility: \_\_\_\_\_ Primary Care Phone: \_\_\_\_\_

Preferred method of contact for appointment reminders (circle one): Phone (home or cell) / text / email

Have you ever been to a Chiropractor before?: YES NO

Have you filed a legal claim at this time (circle if yes): Auto accident / Personal injury / Workman's Compensation

ARE YOU CURRENTLY PREGNANT? YES NO

**CHIEF COMPLAINT:** Answer the questions as completely as possible. If a question does not apply, leave it blank.Reason for today's appointment: ☐ Neck pain ☐ Upper back pain ☐ Low back pain ☐ Other: \_\_\_\_\_Which side of your body is the complaint on? ☐ Right ☐ Left ☐ Both**How long have you had this problem?**

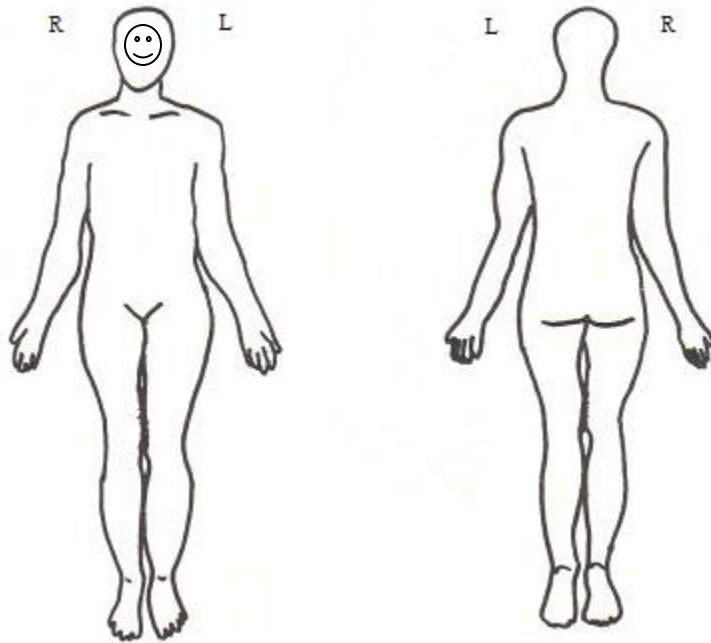
Date: \_\_\_\_\_ or \_\_\_\_\_ day(s) \_\_\_\_\_ week(s) \_\_\_\_\_ month(s) \_\_\_\_\_ year(s)

**How do you think your problem began?****How often do you experience your symptoms?**☐ Constantly (76-100% of the time) ☐ Frequently (50-75%) ☐ Intermittently (26-49%) ☐ Occasionally (0-25%)**Rate the severity of your symptoms:**☐ Mild ☐ Moderate ☐ Severe**How does this effect your movement?**☐ Stiffness ☐ Spasms ☐ Cramps**What makes the symptoms worse?****What makes the symptoms better?****Please add any other information about the primary complaint that may be helpful:****\*\*\*Please list any ADDITIONAL complaints that you have: (Other areas of pain, etc.)\*\*\***

PATIENT'S INITIALS \_\_\_\_\_ DATE \_\_\_\_\_

**INSTRUCTIONS:** *Mark the area on your body where you feel the described sensations:*

- |                              |                  |
|------------------------------|------------------|
| <b>KEY:</b>                  |                  |
| <b>Numbness / Tingling</b>   | =====            |
| <b>Pins &amp; Needles</b>    | 00000000         |
| <b>Burning pain</b>          | xxxxxxxxxx       |
| <b>Dull / Achy pain</b>      | .....            |
| <b>Sharp / Stabbing pain</b> | //////////////// |



**INSTRUCTIONS:** Please circle the number that best describes the question being asked. If you have more than one complaint, please answer each question for each individual complaint and indicate a score for each complaint. Please indicate your pain level right now, at its worst and at its best.

A horizontal line representing a pain scale from 0 to 10. Above the line, "Headache" is written above 1, "Neck" above 5, and "Low back" above 9. Below the line, "No Pain" is at 0 and "Worst pain" is at 10. The numbers 1, 5, and 9 are circled.

**No Pain** \_\_\_\_\_ **Worst pain**

0      1      2      3      4      5      6      7      8      9      10

**No Pain** \_\_\_\_\_ **Worst pain**

0      1      2      3      4      5      6      7      8      9      10

**No Pain** \_\_\_\_\_ **Worst pain**

0      1      2      3      4      5      6      7      8      9      10

**REVIEW OF SYSTEMS: Please CIRCLE any condition that you CURRENTLY HAVE. Or check NONE** ☐

**ALLERGIC/IMMUNOLOGIC:** ☐ **NONE** Food Allergies/sensitivities Seasonal allergies/Hay fever Hives

**CARDIOVASCULAR:** ☐ **NONE** Ankle swelling Blood clots Chest pain Feeling light headed with standing Heart murmur  
Heart problems High blood pressure High cholesterol Leg pain with walking short distances Low blood pressure  
Palpitations (heart skipping beats) Poor circulation Rapid heartbeat Sores that don't heal Varicose veins

**CONSTITUTIONAL:** ☐ **NONE** Chills Difficulty concentrating Difficulty sleeping Fatigue Fainting Fever Low libido  
Nervousness Night Sweats Poor appetite Weakness

**EARS, NOSE & THROAT:** ☐ **NONE** Blisters/cold sores Chronic ear infection Dental problems/toothaches Deviated septum  
Dry mouth Dysphagia/trouble swallowing Ear noises/ringing Ear pain Gum disease Hearing loss Loss of smell Loss of taste  
Loss of teeth/ have dentures Motion sickness Nose bleeds Nasal breathing problems Nasal drip Nasal polyps Recurrent ear infections  
Sinus infections/pain Sore throat/hoarseness Sores/ulcers Tonsillitis Vertigo/dizziness

**ENDOCRINE:** ☐ **NONE** A loss of appetite Being unusually jumpy or nervous Changes in hair growth or distribution Cold intolerance  
Excessive hunger Excessive thirst Feeling drowsy after eating Feeling shaky or faint when hungry Heat intolerance Hyperthyroid  
Hypothyroid Type I diabetes Type II diabetes Unexplained weight gain Unexplained weight loss

**EYES:** ☐ **NONE** Burning in the eyes Blurred vision Cataracts Dry or gritty eyes Far sightedness Glaucoma Itchy eyes  
Near sightedness Redness Swelling Tearing/crusting Vision headaches

**GASTROINTESTINAL:** ☐ **NONE** Abdominal gas Abdominal pain Acid reflux/heart burn Anorexia/Bulimia Constipation  
Diarrhea Discolored stool Frequent indigestion Gall bladder disease Hemorrhoids Liver disease Nausea Stomach Ulcers Vomiting

**GENITOURINARY:** ☐ **NONE** A discharge other than urine Bedwetting Bladder control problems Cloudy/foul smelling urine  
Difficulty starting a stream Discolored urine Dribbling Endometriosis Erectile dysfunction Frequent urination  
Getting up at night to urinate Infertility Kidney stones Kidney or bladder infections Painful urination PMS symptoms Urgency  
Uterine cysts Uterine fibroids

**HEMATOLOGIC/LYMPHATIC:** ☐ **NONE** Anemia Bleeding or bruising Blood clots Hemophilia Hepatitis A Hepatitis B  
Hepatitis C HIV/AIDS Jaundice Liver problems Lymphoma Myeloma Swollen Glands

**INTEGUMENTARY/SKIN:** ☐ **NONE** Acne Bruising Dandruff Dryness Eczema Excessive Sweating Nail fungus  
Plantar warts Psoriasis Rashes Skin cancer Sores

**MUSCULOSKELETAL:** ☐ **NONE** Arthritis Back injuries Back pain General muscle tension Heel spurs Joint pain  
Joint stiffness Joint swelling Leg/foot cramps during the day Leg/foot cramps when retiring to bed or at night Muscle cramps Muscle pain  
Muscle Weakness Neck injuries Neck pain Pain between the shoulders Painful feet Rheumatoid arthritis Scoliosis TMJ pain

**NEUROLOGICAL:** ☐ **NONE** Confusion Convulsions Difficulty of speech Double vision Epilepsy Fainting spells  
Headaches Incoordination Losing consciousness Loss of feeling Memory loss Meningitis Muscle jerking/twitching/tics  
Numbness/tingling Paralysis Pins/needles Seizures Stuttering

**PSYCHIATRIC:** ☐ **NONE** Alcoholism Anxiety Considerable emotional stress Crying often Depression  
Drug addictions/dependency Eating when nervous Extreme worry Feeling angered or irritable Hallucinations Insecurity Nail biting  
Phobias Recurrent bad dreams Sleep walking Suicidal thoughts

**RESPIRATORY:** ☐ **NONE** Apnea Asthma Congestion COPD Coughing up blood Difficulty breathing Emphysema  
Non-productive/dry cough Pneumonia Productive cough Shortness of breath Wheezing

**FAMILY HISTORY: Please select the conditions that pertain to your family. (If known)**

Relative:	Age: (if living)	Conditions/Illnesses:	Age at death:
Mother:	_____	_____	_____
Father:	_____	_____	_____
Sibling #1:	_____	_____	_____
Sibling #2:	_____	_____	_____

**SOCIAL HISTORY:** Please answer as completely as possible.

Race: ☐ Caucasian ☐ African American ☐ Asian ☐ Indigenous Person ☐ Other \_\_\_\_\_

Ethnicity: ☐ Not Hispanic or Latino ☐ Hispanic or Latino ☐ Other \_\_\_\_\_

Preferred Language: ☐ English ☐ Spanish ☐ Other \_\_\_\_\_

Marital Status: \_\_\_\_\_

Number of children: \_\_\_\_ Number of Pregnancies: \_\_\_\_ Number of miscarriages: \_\_\_\_ Number of abortions: \_\_\_\_

Highest level of education: \_\_\_\_\_

Do you feel that you eat a well-balanced diet? \_\_\_\_\_

How often do you exercise? \_\_\_\_\_ What types of exercises? \_\_\_\_\_

How often do you drink alcohol? \_\_\_\_\_

Cigarette Smoker: ☐ Never ☐ Current: Amt per day: \_\_\_\_\_ ☐ Former: Quit Date: \_\_\_\_\_

Smokeless Tobacco/Chew: ☐ Never ☐ Current: Amt per day: \_\_\_\_\_ ☐ Former: Quit Date: \_\_\_\_\_

Have you ever used illegal drug? (circle) YES NO If you use illegal drugs now, which ones? \_\_\_\_\_

Have you ever been treated for substance abuse? (circle) YES NO

Are your vaccinations up to date? (circle if known) YES NO

First date of last menstrual period (LMP): \_\_\_\_\_

**SURGICAL HISTORY:**

Please list any surgeries that you have had in the past and the date if known. Also INCLUDE RIGHT OR LEFT side of body where applicable.

☐ I have never had any previous surgery

PROCEDURE:	DATE:	PROCEDURE:	DATE:
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**ALLERGIES:** Please list any allergies as well as your reaction to the allergen if known.

Environmental: \_\_\_\_\_  
Food: \_\_\_\_\_  
Medication/Drug: \_\_\_\_\_

**CURRENT MEDICATIONS:**

Current Medications and Vitamin Supplements: (Please use reverse side if more space is required.)

NAME:	STRENGTH:	FREQUENCY:	NAME:	STRENGTH:	FREQUENCY:
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____

PHARMACY NAME: \_\_\_\_\_ LOCATION: \_\_\_\_\_ PHONE #: \_\_\_\_\_

# Neck Pain and Disability Index

## Please Read Instructions:

This questionnaire has been designed to give the doctor information as to how your **neck pain** has affected your ability to manage in everyday life. In each section, please fill in **ONE** box only which **most closely** describes your problem.

### Section 1 Pain Intensity

- ☐ A. I have no pain at the moment.
- ☐ B. The pain is very mild at the moment.
- ☐ C. The pain is moderate at the moment.
- ☐ D. The pain is fairly severe at the moment.
- ☐ E. The pain is very severe at the moment.
- ☐ F. The pain is the worst imaginable at the moment.

### Section 6 Concentration

- ☐ A. I can concentrate fully when I want with no difficulty.
- ☐ B. I can concentrate fully when I want with slight difficulty.
- ☐ C. I have a fair degree of difficulty in concentrating when I want.
- ☐ D. I have a lot of difficulty in concentrating when I want.
- ☐ E. I have a great degree of difficulty in concentrating when I want.
- ☐ F. I cannot concentrate at all.

### Section 2 Personal Care

- ☐ A. I can look after myself normally without causing extra pain.
- ☐ B. I can look after myself normally but it causes extra pain.
- ☐ C. It is painful to look after myself and I am slow and careful.
- ☐ D. I need some help but manage most of my personal care.
- ☐ E. I need help every day in most aspects of self care.
- ☐ F. I do not get dressed, I wash with difficulty and stay in bed.

### Section 7 Work

- ☐ A. I can do as much work as I want.
- ☐ B. I can only do my usual work, but no more.
- ☐ C. I can do most of my usual work, but no more.
- ☐ D. I can hardly do any work at all.
- ☐ E. I cannot do my usual work.
- ☐ F. I can't do any work at all.

### Section 3 Lifting

- ☐ A. I can lift heavy weight without extra pain.
- ☐ B. I can lift heavy weight but it gives extra pain.
- ☐ C. Pain prevents me from lifting heavy weights off the floor, but I can manage it they are conveniently positioned.
- ☐ D. Pain prevents me from lifting heavy weights, but I can manage light-medium weights if they are conveniently positioned.
- ☐ E. I can lift very light weights.
- ☐ F. I cannot lift or carry anything at all.

### Section 8 Driving

- ☐ A. I can drive my car without any neck pain.
- ☐ B. I can drive my car as long as I want with slight pain in my neck.
- ☐ C. I can drive my car as long as I want with moderate pain.
- ☐ D. I can't drive my car as long as I want because of moderate pain.
- ☐ E. I can hardly drive at all because of severe pain in my neck.
- ☐ F. I can't drive my car at all.

### Section 4 Reading

- ☐ A. I can read as much as I want with no pain in my neck.
- ☐ B. I can read as much as I want with slight pain in my neck.
- ☐ C. I can read as much as I want with moderate pain in my neck.
- ☐ D. I can't read as much because of moderate pain in my neck.
- ☐ E. I can hardly read at all because of severe pain in my neck.
- ☐ F. I cannot read at all.

### Section 9 Sleeping

- ☐ A. I have no trouble sleeping.
- ☐ B. My sleep is slightly disturbed (less than 1hr. sleepless).
- ☐ C. My sleep is mildly disturbed (1-2 hrs. sleepless).
- ☐ D. My sleep is moderately disturbed (2-3 hrs. sleepless).
- ☐ E. My sleep is greatly disturbed (3-5 hrs. sleepless).
- ☐ F. My sleep is completely disturbed (5-7 hrs. sleepless).

### Section 5 Headaches

- ☐ A. I have no headaches at all.
- ☐ B. I have slight headaches which come infrequently.
- ☐ C. I have moderate headaches which come infrequently.
- ☐ D. I have moderate headaches which come frequently.
- ☐ E. I have severe headaches which come frequently.
- ☐ F. I have headaches almost all of the time.

### Section 10 Recreation

- ☐ A. I am able to engage in all recreational activities with no neck pain.
- ☐ B. I am able to engage in all my recreational activities, with some pain in my neck.
- ☐ C. I am able to engage in most, but not all of my usual recreational activities because of my neck pain.
- ☐ D. I am able to engage in a few of my usual recreational activities because of my neck pain.
- ☐ E. I can hardly do any recreational activities because of pain.
- ☐ F. I can't do any recreational activities at all.

# Low Back Pain and Disability Index

## Please Read Instructions:

This questionnaire has been designed to give the doctor information as to how your **low back pain** has affected your ability to manage in everyday life. In each section, please fill in **ONE** box only which **most closely** describes your problem.

### Section 1 Pain Intensity

- ☐ A. The pain comes and goes and is very mild.
- ☐ B. The pain is mild and does not vary much.
- ☐ C. The pain comes and goes and is moderate.
- ☐ D. The pain is moderate and does not vary much.
- ☐ E. The pain comes and goes and is very severe.
- ☐ F. The pain is very severe and doesn't vary much.

### Section 6 Standing

- ☐ A. I can stand as long as I want without pain.
- ☐ B. I have some pain on standing but it does not increase with time.
- ☐ C. I cannot stand for longer than one hour without increasing pain.
- ☐ D. I cannot stand for longer than a ½ hour without increasing pain.
- ☐ E. I can't stand for longer than 10 minutes without increasing pain.
- ☐ F. I avoid standing because it increases the pain straight away.

### Section 2 Personal Care

- ☐ A. I can look after myself normally without causing extra pain.
- ☐ B. I can look after myself normally but it causes extra pain.
- ☐ C. It is painful to look after myself and I am slow and careful.
- ☐ D. I need some help but manage most of my personal care.
- ☐ E. I need help every day in most aspects of self care.
- ☐ F. I can't dress myself. I wash with difficulty and stay in bed.

### Section 7 Sleeping

- ☐ A. I get no pain in bed.
- ☐ B. I get pain in bed but it doesn't prevent me from sleeping well.
- ☐ C. Because of pain my normal night's sleep is reduced by < 1/4.
- ☐ D. Because of pain my normal night's sleep is reduced by < 1/2.
- ☐ E. Because of pain my normal night's sleep is reduced by < 3/4.
- ☐ F. Pain prevents me from sleeping at all.

### Section 3 Lifting

- ☐ A. I can lift heavy weight without extra pain.
- ☐ B. I can lift heavy weight but it gives extra pain.
- ☐ C. Pain prevents me from lifting heavy weights off the floor.
- ☐ D. Pain prevents me from lifting heavy weights, but I can manage if they are conveniently positioned.
- ☐ E. Pain prevents me from lifting heavy weights, but I can manage light-medium weights if they are conveniently positioned.
- ☐ F. I can only lift very light weights at the most.

### Section 8 Traveling

- ☐ A. I get no pain while traveling.
- ☐ B. I get some pain while traveling but none of my usual forms of travel make it any worse.
- ☐ C. I get extra pain while traveling but it does not compel me to seek alternative forms of travel.
- ☐ D. I get extra pain while traveling which compels me to seek alternative forms of travel.
- ☐ E. Pain restricts all forms of travel.
- ☐ F. Pain prevents all forms of travel except that done lying down.

### Section 4 Walking

- ☐ A. I have no pain while walking.
- ☐ B. I cannot walk more than one mile without increasing pain.
- ☐ C. I cannot walk more than ½ mile without increasing pain.
- ☐ D. I cannot walk more than ¼ mile without increasing pain.
- ☐ E. I can walk with crutches.
- ☐ F. I cannot walk at all without increasing pain.

### Section 9 Social life

- ☐ A. My social life is normal and gives me no pain.
- ☐ B. My social life is normal but increases the degree of pain.
- ☐ C. Pain limits my more energetic interests, e.g. dancing, etc.
- ☐ D. Pain has restricted my social life and I do not go out very often.
- ☐ E. Pain has restricted my social life to my home.
- ☐ F. I have hardly any social life because of the pain.

### Section 5 Sitting

- ☐ A. I can sit in any chair as long as I like.
- ☐ B. I can only sit in my favorite chair as long as I like.
- ☐ C. Pain prevents me from sitting more than one hour.
- ☐ D. Pain prevents me from sitting more than a half hour.
- ☐ E. Pain prevents me from sitting more than 10 minutes.
- ☐ F. I avoid sitting because it increases pain straight away.

### Section 10 Changing Degree of Pain

- ☐ A. My pain is rapidly getting better.
- ☐ B. My pain fluctuates but overall is definitely getting better.
- ☐ C. My pain seems to be getting better but improvement is slow.
- ☐ D. My pain is neither getting better nor worse.
- ☐ E. My pain is gradually worsening.
- ☐ F. My pain is rapidly worsening.

ANSWER BELOW **ONLY** FOR **UPPER** EXTREMITY(SHOULDER/ARM/HAND)  
COMPLAINTS:

## QuickDASH

Please rate your ability to do the following activities in the last week by circling the number below the appropriate response.

	NO DIFFICULTY	MILD DIFFICULTY	MODERATE DIFFICULTY	SEVERE DIFFICULTY	UNABLE
1. Open a tight or new jar.	1	2	3	4	5
2. Do heavy household chores (e.g., wash walls, floors).	1	2	3	4	5
3. Carry a shopping bag or briefcase.	1	2	3	4	5
4. Wash your back.	1	2	3	4	5
5. Use a knife to cut food.	1	2	3	4	5
6. Recreational activities in which you take some force or impact through your arm, shoulder or hand (e.g., golf, hammering, tennis, etc.).	1	2	3	4	5

	NOT AT ALL	SLIGHTLY	MODERATELY	QUITE A BIT	EXTREMELY
7. During the past week, <i>to what extent</i> has your arm, shoulder or hand problem interfered with your normal social activities with family, friends, neighbours or groups?	1	2	3	4	5

	NOT LIMITED AT ALL	SLIGHTLY LIMITED	MODERATELY LIMITED	VERY LIMITED	UNABLE
8. During the past week, were you limited in your work or other regular daily activities as a result of your arm, shoulder or hand problem?	1	2	3	4	5

Please rate the severity of the following symptoms in the last week. (circle number)

	NONE	MILD	MODERATE	SEVERE	EXTREME
9. Arm, shoulder or hand pain.	1	2	3	4	5
10. Tingling (pins and needles) in your arm, shoulder or hand.	1	2	3	4	5

	NO DIFFICULTY	MILD DIFFICULTY	MODERATE DIFFICULTY	SEVERE DIFFICULTY	SO MUCH DIFFICULTY THAT I CAN'T SLEEP
11. During the past week, how much difficulty have you had sleeping because of the pain in your arm, shoulder or hand? (circle number)	1	2	3	4	5

QuickDASH DISABILITY/SYMPTOM SCORE =  $\left( \left[ \frac{\text{sum of n responses}}{n} \right] - 1 \right) \times 25$ , where n is equal to the number of completed responses.

A QuickDASH score may not be calculated if there is greater than 1 missing item.

ANSWER BELOW ***ONLY*** FOR ***LOWER*** EXTREMITY (HIP, KNEE, LEG, FOOT)  
COMPLAINTS:

Today, *do you* or *would you* have any difficulty at all with:

Activities	Extreme difficulty or unable to perform activity	Quite a bit of difficulty	Moderate difficulty	A little bit of difficulty	No difficulty
1. Any of your usual work, housework or school activities.	0	1	2	3	4
2. Your usual hobbies, recreational or sporting activities.	0	1	2	3	4
3. Getting into or out of the bath.	0	1	2	3	4
4. Walking between rooms.	0	1	2	3	4
5. Putting on your shoes or socks.	0	1	2	3	4
6. Squatting.	0	1	2	3	4
7. Lifting an object, like a bag of groceries from the floor.	0	1	2	3	4
8. Performing light activities around your home.	0	1	2	3	4
9. Performing heavy activities around your home.	0	1	2	3	4
10. Getting into or out of a car.	0	1	2	3	4
11. Walking 2 blocks.	0	1	2	3	4
12. Walking a mile.	0	1	2	3	4
13. Going up or down 10 stairs (about 1 flight of stairs).	0	1	2	3	4
14. Standing for 1 hour.	0	1	2	3	4
15. Sitting for 1 hour.	0	1	2	3	4
16. Running on even ground.	0	1	2	3	4
17. Running on uneven ground.	0	1	2	3	4
18. Making sharp turns while running fast.	0	1	2	3	4
19. Hopping.	0	1	2	3	4
20. Rolling over in bed.	0	1	2	3	4
<b>Column Totals:</b>					



## HIPAA Acknowledgement and Consent

I, the undersigned, acknowledge that I have had access to a copy of the **NOTICE OF PRIVACY PRACTICES**. I consent to your disclosure, which you deem necessary in connection with my or my child's condition. This information will only be distributed to your third party payer for purposes of reimbursement for services provided, and only upon direct request of your third party payer.

Patient signature \_\_\_\_\_ Date \_\_\_\_\_

### Authorization and Assignment

**AUTHORIZATION TO BILL INSURANCE:** I understand my insurance will be billed for services rendered at Total Health Systems, PC.

**AUTHORIZATION TO RELEASE INFORMATION:** You are authorized to release any information you deem appropriate concerning my physical condition to any insurance company, attorney, or adjuster, in order to process any claim for reimbursement of charges incurred by me as a result of professional services rendered by you of any consequence thereof.

**ASSIGNMENT OF PAYMENT:** My attorney and/or insurance company are hereby requested to pay direct to the doctor listed below, any moneys due him/her on account, the same to be deducted from any settlement made on my behalf. Further, I agree to pay the difference if any, between the total amounts of his/her charges and the amount paid him/her by the attorney and/or insurance company. It is further understood that I, the undersigned, agree to pay the full amount of his/her charges, should my condition be such that it is not covered by my policy or if for any reason the insurance company and/or attorney refuses to pay my claim. Accepting assignment does not release the patient from the responsibility for their yearly deductible or for their co-payment on services provided by the clinic. If you receive payment from your insurance carrier during the period which the clinic has accepted assignment of benefits, you are to bring the check into this office within one week of receipt and endorse it over to the clinic. Failure to do so will result in collection action.

**MEDICARE ASSIGNMENT (if applicable):** I authorize any holder of medical or other information about me to release to the Social Security Administration and Health Care Financing Administration to its intermediaries or carriers any information needed for this or a related Medicare claim. I permit a copy of this authorization to be used in place of the original and request payment of medical insurance benefits either to myself or to the party who accepts assignment below.

**ACKNOWLEDGMENT AND UNDERSTANDING:** I hereby acknowledge;

That if there is no insurance company obligated to pay for the services, or if the insurance company involved refuses to acknowledge an assignment to the doctor, or make other provisions for the protection of the interest of the doctor; or if a liability claim exists and my attorney refuses to agree to protect the interest of the doctor, or if I have not engaged the services of an attorney; then payment of services rendered by Total Health Systems PC, will be made on a current basis and my bill paid in full as soon as my liability claim is settled or the passage of three months from my last statement, whichever comes first.

**SPECIAL CONSIDERATION:** I understand that should I have a financial hardship and am unable to completely satisfy my deductible/copy/ or coinsurance I will notify Total Health Systems, PC and a separate written contract will be created and signed.

Patient signature \_\_\_\_\_ Date \_\_\_\_\_

### Consent to Treat

**THIS CONSTITUTES INFORMED CONSENT FOR MEDICAL, PHYSICAL THERAPY, ACUPUNCTURE, AND/OR CHIROPRACTIC CARE.** I hereby request and consent to the performance of specific testing and procedures on me (or the patient named below for which I am legally responsible) as deemed necessary by the providing physicians at Total Health Systems, P.C. I understand, and am informed that, while extremely rare, there are some risks to treatment including, but not limited to: fractures, disc injuries, strokes, dislocations, sprains, strains, bleeding, bruising, and infection. I wish to rely on the doctor and treating provider to exercise judgment during the course of the procedure, based on the facts then known is in my best interest. I have read, or have had read to me, the above consent. I have the opportunity to discuss the nature and purpose of the chiropractic adjustments and other procedures with the doctor and/or office personnel. I agree to these procedures and intend this consent form to cover the entire course of treatment and for any future condition(s) for which I seek treatment.

Patient signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Legal guardian name (please print) \_\_\_\_\_

Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

# TOTAL HEALTH SYSTEMS

## Multi-Specialty Clinic

Chiropractic • Medical • Physical Therapy • Massage Therapy • Nutrition

### *(Consent to use PHI) Notice of Privacy Practices - Acknowledgement & Consent*

#### **Acknowledgement for Consent to Use and Disclosure of Protected Health Information**

#### **Use and Disclosure of your Protected Health Information**

Your Protected Health Information will be used by Total Health Systems, P.C. or may be disclosed to others for the purposes of treatment, obtaining payment, or supporting the day-to-day health care operations of this office.

#### **Notice of Privacy Practices**

You should review the Notice of Privacy Practices for a more complete description of how your Protected Health Information may be used or disclosed. It describes your rights as they concern the limited use of health information, including your demographic information, collected from you and created or received by this office. You may review the Notice prior to signing this consent. You may request a copy of the Notice at the Front Desk.

#### **Requesting a Restriction on the Use or Disclosure of Your Information**

- You may request a restriction on the use or disclosure of your Protected Health Information.
- This office may or may not agree to restrict the use or disclosure of your Protected Health Information.
- If we agree to your request, the restriction will be binding with this office. Use or disclosure of protected information in violation of an agreed upon restriction will be a violation of the federal privacy standards.

#### **Revocation of Consent**

You may revoke this consent to the use and disclosure of your Protected Health Information. You must revoke this consent in writing. Any use or disclosure that has already occurred prior to the date on which your revocation of consent is received will not be affected.

***By my signature below I give my permission to use and disclose my health information.***

\_\_\_\_\_  
Patient or Legally Authorized Individual Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Patient's Full Name

\_\_\_\_\_  
Time

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Date

26672 Van Dyke • Centerline • Michigan 48015 • (586) 756-7670  
43740 Garfield • Clinton Township • Michigan 48038 • (586) 228-0270  
28098 23 Mile Rd • Chesterfield Township • Michigan 48051 • (586) 949-0123  
30045 Harper Ave • St Clair Shores • Michigan 48082 • (586) 772-8560  
57911 Van Dyke Rd • Washington Township • Michigan 48094 • (586) 781-0800  
Fax (586) 228-9019

[www.totalhealthsystems.com](http://www.totalhealthsystems.com)

**Standard Authorization of Use and Disclosure of Protected Health Information**

**Information to Be Used or Disclosed.** The information covered by this authorization includes:

X-Rays

History

Diagnosis

Treatment

Reports

Other: \_\_\_\_\_

**Persons Authorized to Use or Disclose Information:**

\_\_\_\_\_  
Primary Care Physician

\_\_\_\_\_  
PCP Telephone # / Fax

\_\_\_\_\_  
Other Treating Providers

\_\_\_\_\_  
Telephone # / Fax

\_\_\_\_\_  
Family Member, POA, or Guardian

\_\_\_\_\_  
Telephone # / Fax

**Please be advised that Total Health Systems is a *Patient Centered Medical Home*. We will coordinate your care and disclose your information with your PCP if authorized.**

Expiration Date of Authorization \_\_\_\_\_

This authorization is effective through \_\_\_\_\_ unless revoked or terminated by the patient or patient's personal representative.

**Right to Terminate or Revoke Authorization**

You may revoke or terminate this authorization by submitting a written revocation to this office and contacting the Privacy Officer.

**Potential for Re-disclosure**

Information that is disclosed under this authorization may be disclosed again by the person or organization to which it is sent. The privacy of this information may not be protected under the federal privacy regulations.

I understand this office will not condition my treatment or payment on whether I provide authorization for the requested use or disclosure.

**If you understand and agree with all of the above policies, please sign your name below.**

\_\_\_\_\_  
Patient or Legally Authorized Individual Signature

\_\_\_\_\_  
Date & Time

\_\_\_\_\_  
Print Patient's Full Name

\_\_\_\_\_  
Date of Birth ( XX/XX/XXXX )

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Date

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